



Chance Of a Lifetime Travel

COLT are proud partners of African Impact, on-the-ground leaders in African Volunteering and winners of the 2011 Imvelo Award for Responsible Tourism

Pre-School Teaching and Education Project Cape Town, South Africa



*We are also immensely proud to have been nominated as Finalists for the following Responsible Tourism Awards in 2009: The **World Travel Awards**; The **British Youth Travel Awards** and the prestigious South African **Imvelo Responsible Tourism Awards**. In 2010 we were once again nominated for a World Travel Award and were proud **Winners of an Africa-wide Imvelo Responsible Tourism Award**. An accolade awarded in 2009 to Sir Richard Branson's Ulusaba Eco-Lodge in South Africa. In 2011 so far we are nominated for a World Travel Award and are entrants once again in the Imvelo Awards, British Youth Travel Awards and Virgin Responsible Tourism Award.*

*Our head office is in Cape Town, South Africa, with supporting operations offices in Kenya, Mozambique, Tanzania, Zimbabwe and Zambia. We are determined to make a difference in the amazing communities and conservation areas in which we work.
And so can you...*



Location: Cape Town Southern Peninsula, in view of Cape Point Nature Reserve, on the coastline of Cape Town

Age limit: Minimum 17 years, maximum decided on potential participants' health

Required experience: No specific prior experience is required for this project

Project Highlights:

- Work with disadvantaged and vulnerable children
- Assist teaching lessons in rural community pre-schools
- Get busy lesson planning and conduct your own classes
- Introduce new cultures to these South African children through songs, singing, dancing and stories
- Help to uplift whole communities through education whilst getting hands on teaching experience in Africa
- Keep youth educated and off the streets through afternoon reading clubs, homework clubs, craft clubs and more
- Be the backbone of relationships with community members and make an impact on

the southern peninsula of South Africa

- Take advantage of optional trips to see more of Cape Town's spectacular sites including world famous Table Mountain and Robben Island
- Make friends for life with the other international volunteers on the programme and immerse yourself in Capetonian culture

Pre-School Teaching and Education Programme

Children in Red Hill Pre-schools have a severe lack of facilities and are taught from containers that have been brought into the community as donations. You will find that most of the schools have meagre and ill-equipped facilities, but a wealth of children with a desire to learn. As a volunteer, you will assist teachers and contribute to our effort of providing children with a better education. In addition, you will have the opportunity to organize your own classes.

Redhill Community Preschool:

This little pre-school has been running for over 10 years in Red Hill and the 26 children from the community have been lead by the teaching of a very dedicated lady named Vuyiseka for the past 5 years. Vuyiseka has been assisted by Ntombi, the cook and Aviwe. The 26 beautiful children range between 2 and 6 yrs of age, and mostly come from a Xhosa background. The school is run out of several containers with very limited resources. The children are given 2 meals a day, breakfast and lunch, which is sponsored by African Impact through our "Sponsor a Child Initiative". African Impact have also stepped in by adopting this school and paying for the teacher's and cook's monthly wages. This will be financed through volunteer project fees.



Children of Hope Edu-care Centre:

Situated on the upper slopes of Red Hill, lies Children of Hope, a pre-school of 29 children coming from a more Afrikaans background. The school has been in its current location since 2006 and the three ladies who run it have been with the kids

for 2 years prior to that. Sophia, Ntombi and Maria are the amazing women who care for these precious little ones, ranging in age from 3 months to 6 years old. The centre has much better facilities than the rural pre-school, due to a generous donation from a Dutch gentleman, Mr Mags, whose memory lives on as he recently passed away. That said, the children are just as in need of assistance, care and attention as any of the others in this disadvantaged community.

Noordhoek Valley Edu-care Centre:

Situated on the campus of Living Way, a local job creation and adult skills training compound with a hive of small businesses, on the edge of Masiphumelele township is a school dedicated to 60 little children. English is always such a need and the presence of international volunteers helps bolster their learning and development.

It has two separate classroom buildings where two different age groups of 30 children each are taught. The children range from 3-6 years old and they only have one teacher!

Your daily tasks may include:

- Assistant teaching: Provide individual attention and assistance to children during lessons
- Help with crafts, painting, reading and games
- Organize special needs classes for children who have not been able to keep up with the pace of the classes
- Help with giving the children their meals. Every child receives two meals, which are often their only meals that day
- Promote personal hygiene through washing hands before meals and teeth brushing in the mornings
- Help clean, maintain and even refurbish the classrooms, most of which are quite run down

After having spent the morning with the children at the pre-schools, you will assist in the local community with various aspects in the afternoon. You will rotate between the following community projects (*Please also understand that our projects are continuously evolving, being improved, and adapting to the needs of the local communities that we are involved with, so involvement areas do change from time to time. Rest assured your work will be necessary, rewarding and exciting*) :

Building and Painting Schools

Schools in Red Hill deal with a great shortage of classrooms and facilities and are therefore limited to the amount of children they can accommodate. As a volunteer, you will assist with fixing fences and windows, and rebuilding and painting classrooms. This project will also involve community litter, glass and rubbish collection.



HIV and AIDS Orphanage

As one of our afternoon community projects, African Impact works alongside a home for children infected and affected by HIV/AIDS situated in the heart of one of the peninsula townships, providing a safe and healthy home to children whose parents and family members are unable to look after them. As a volunteer, you will be involved in spending invaluable time with the wonderful children there, including supervising homework and playing educational games, as well as making friendships. The children at the home make this community project a delight and an incredible amount of fun!

Mini Farming Projects

At our preschools, African Impact have developed an initiative to allow the school to grow a sustainable source of food to contribute towards the community partnership initiative which provides two meals a day to otherwise very hungry children. The vegetable gardens, looked after by the children and teachers of the school, provide carrots, beetroots, cabbage, onions, spinach and lettuce, as a way of adding nutrients to their meals. While volunteering with African Impact, you might get the opportunity to immerse yourself in a mini-farm project, ranging from the basics of a vegetable garden, to building an underground drainage system to save on water irrigation.

Masiphumelele Library

Masiphumelele has been blessed with a wonderfully-resourced library and great facilities. The library offers many services to the community and volunteers slot into some of the existing programs at the library offered to members of the township. These include arts and crafts, puzzles, games, literacy, one on one reading, homework club and math club.

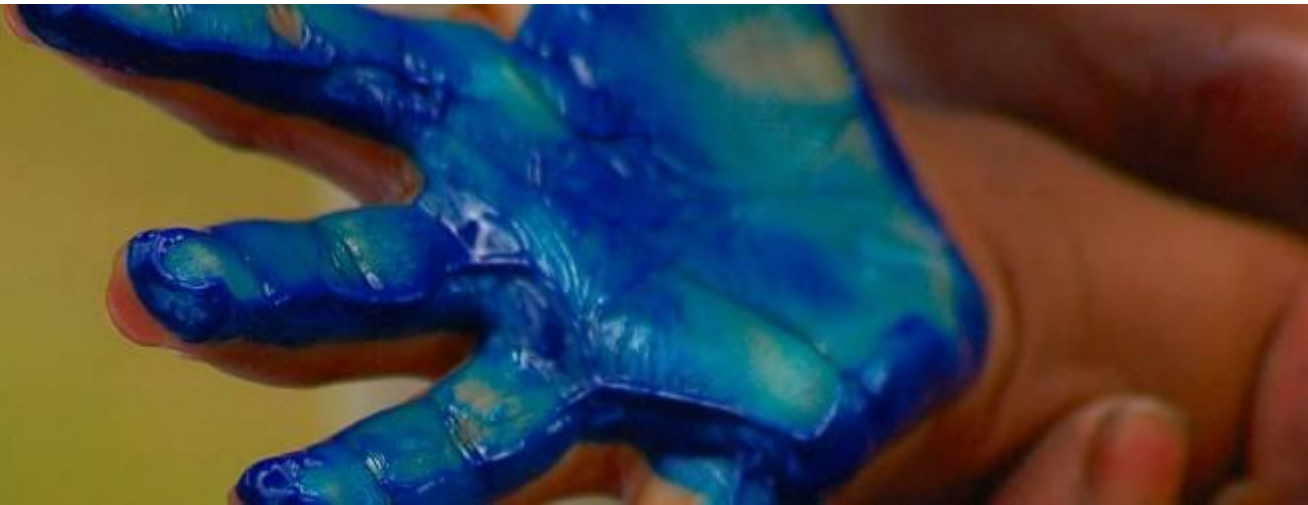
Children's Safe House

You will also be involved in entertaining and being entertained by the children of a safe house in the local area. Here, crafts, games, dressing up and getting to know

each and every wonderful personality is first and foremost. Volunteers also help out with homework for the older children and provide support, encouragement and laughter throughout.

Educare Centre

Volunteers will assist teachers with after school care by helping with game playing, reading (both one-on-one with the kids and to the group during story time), and with other activities they engage the children with i.e. art, music, and dancing.



A day in the life of a Cape Town volunteer...

Please note that your itineraries may differ from this, depending on your own experience and the number of other volunteers on the placement at the same time, school holidays etc. and this is simply to give an example.

07:00 Get up, eat breakfast of cereals, toast, tea/coffee, and start getting ready for your project.

07:45 Head off on the short drive to your project.

08:00 Start work at your pre-school. You will spend the rest of your morning assisting, teaching and interacting with the children,

12:30 You will be collected from your pre-school and have lunch back at the volunteer house.

14:00 You will leave for one of your afternoon community projects. Spend these afternoons playing with the children at the schools or building and painting on a local project.

16:30 End of the working day. You will be picked up from your project and taken to the volunteer house where we evaluate the day and discuss the schedule for the next day, or enjoy some free time.

18.30 Dinner at your volunteer house. After dinner, volunteers are free to do as the please i.e. movies, malls etc.

Project Support:

Throughout your placement you will have the support and guidance of our experienced project managers. They are part of our greater African Impact support team, which will provide you with competent 24-hour field support and assistance.

Project Accommodation and meals:

- Volunteers will stay in a fully furnished house situated at the foot of Chapman’s Peak in the rustic town of Noordhoek.
- The house is on a private and secure property and is comfortable, spacious, and within easy walking distance of a shopping mall. It is also staffed with a cook and cleaner and each room has an en-suite bathroom. Other facilities include satellite television and a lock-up safe for your valuables.
- You will share your room with up to 3 other volunteers and while all bedding is provided, you will need to bring your own towels please.
- You will be provided with three meals a day.
- Breakfast is on a help-yourself basis consisting of cereals / porridge, toast, tea and coffee.
- Lunch and dinner will be cooked or prepared for you by one of our chefs at your volunteer house.
- On weekends you will need to cook your own meals (we will provide ingredients) as our staff will need to be given time off. Weekends are usually a good time for tourist activities and exploring the surrounding area, so this is the time that a lot of volunteers are out and about.



Getting there:

You will fly into Cape Town International Airport. We will meet you at the airport and transfer you back to the volunteer house.

Project Cost Includes:

- Project Fee: this entails financing that goes directly back into the project that you are involved with. This fee facilitates funding for items such as medical supplies, building materials, equipment, etc. Project fees are also used to buy vehicles / equipment for the project, and for developing new housing for volunteers to provide for the expansion of the project
- All airport transfers from Cape Town International Airport upon arrival and departure
- Comprehensive orientation program
- All daily transfers to and from your projects during your stay
- Full board and lodging which includes 3 meals a day at our volunteer house
- Weekly laundry service during your stay
- Assistance in your projects by various African Impact staff and Project Managers
- Outings to Cape Point– the most South-Western tip of Africa, Boulders Beach – to see the African Penguin colony, and world famous Table Mountain

Project Cost Excludes:

- Personal travel insurance for the duration of your placement, which must include cover for repatriation
- All transport by air or bus to Cape Town
- All items of a personal nature, such as curios, gifts, clothing (work and other)
- E-mail / Internet and telephone calls
- Soft drinks, wines and spirits
- All visas for border crossings
- Any excursions over-and-above your planned itinerary in Cape Town

**Project Orientation:**

Upon arrival at our project base on the outskirts of Cape Town, all volunteers are involved in a comprehensive orientation programme, which is included in your fee. This is facilitated by your Project Manager and entails:

- An introduction to the city of Cape Town and surrounding Cape Peninsula, as well as the communities you will be working in.
- An introduction to all of our Cape Town projects. Not only will you see where you will be working, you will also see where your fellow volunteers will be spending their days.

We look forward to welcoming you for a unique, rewarding and unforgettable experience!

Project Travel Highlights:

Guideline prices for popular activities offered in and around Cape Town:

Aquila private game reserve – a "Big 5" reserve situated 2 hours drive out of Cape Town: +-ZAR1500 pp (based on a minimum of 5 pax), which includes a buffet breakfast, lunch and a 3 hour game drive. It is also a possible opportunity to pet cheetahs.

City hop on-hop off double-decker bus: +- ZAR130pp

Shark Cage Diving: +- ZAR1500pp (including transport and based on a minimum of 4 pax)

Sky diving: +- ZAR2000 (including transport and based on a minimum of 2 pax)

Abseiling down Table Mountain: +-ZAR595

Surfing lessons: +-ZAR250



Our Partners

The Happy Africa Foundation www.happyafricafoundation.org African Impact is proud to have been instrumental in the establishment of The Happy Africa Foundation in 2007 and continues to be one of the Foundations major supporters. UK Registered Charity Number: 1123529. The mission of The Happy Africa Foundation is to empower the African people through the support of community and conservation based initiatives that operate at grass roots level.

We are proudly affiliated to the UK-based **Know Before You Go** campaign that promotes education and knowledge-sharing amongst travellers.

African Impact is delighted to have been nominated as a **2009 World Travel Awards Finalist** and see this as exciting recognition of our position as African specialists in Volunteering, with over 5 years experience in sharing Africa with travellers who have a passion for making a difference.